

Leveraging Learning Science



Think of a learning experience, online or offline, that you engaged in as a learner during the last two months. With that experience in mind, take at least five minutes to answer the questions below.

How aware were you of the need to invest time, tap into motivation, and put in effort to create durable learning?

What did you do before, during, and after the learning experience? What else might you have done?

What might have you done differently that would have made the learning experience more effective?

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Reflect on what was covered in the course and what you learned about effective and less effective strategies for learning. Take notes on key points and related questions. Then summarize the takeaways in your own words.

Questions

Key Points

Summary